

Patient Health Questionnaire



To ensure you receive a complete and thorough evaluation, please provide us with the important background information on the following form. If you do not understand a question leave it blank and your therapist will assist you. Thank you!

Patient Name: _____ **Education Level Completed:** High School
 College

Sex: M / F (Please circle one)

I. Please check any of the following whose care you are under:

- Medical Doctor (MD) Psychiatrist/Psychologist Other _____
 Osteopath Physical Therapist _____
 Dentist Chiropractor

If you have seen any of the above in the past three months, please describe for what reason (illness, medical condition, physical, etc.): _____

II. Have you ever been diagnosed as having any of the following conditions?

- Y N 1. Do you wear external protection garments day or night for bladder leakage or incontinence?
Y N 2. Cancer. If YES, describe what kind and date of diagnosis: _____
Y N 3. Heart Attack
Y N 4. Heart Arrhythmia
Y N 5. Heart Valve Problems
Y N 6. Deep Venous Thrombosis (Blood Clots)
Y N 7. High Blood Pressure
Y N 8. Circulation Problems
Y N 9. Asthma
Y N 10. Emphysema/Bronchitis
Y N 11. Chemical Dependency (i.e., alcoholism)
Y N 12. Thyroid Problems
Y N 13. Diabetes
Y N 14. Multiple Sclerosis
Y N 15. Rheumatoid Arthritis
Y N 16. Other Arthritic Conditions
Y N 17. Depression
Y N 18. Hepatitis
Y N 19. Stroke
Y N 20. Kidney Disease
Y N 21. Anemia
Y N 22. Epilepsy / Seizures
Y N 23. Osteoporosis
Y N 24. Other _____

FOR OFFICE USE ONLY

III. Please list any surgeries or other conditions for which you have been hospitalized, including the approximate date and reason for surgery or hospitalization:

DATE	REASON FOR SURGERY/HOSPITALIZATION
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____

IV. Please describe any significant injuries for which you have been treated (fractures, dislocations, sprains, etc) and the approximate date of injury:

DATE	INJURY
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____

V. Please list any PRESCRIPTION medication you are currently taking (pills, injections, and/or skin patches):

- | | |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

VI. Please list any OVER-THE-COUNTER medications you have taken during the past week:

- Y N 1. Aspirin
- Y N 2. Tylenol
- Y N 3. Advil / Motrin / Ibuprofen
- Y N 4. Laxatives
- Y N 5. Stool Softeners
- Y N 6. Decongestants
- Y N 7. Antihistamines
- Y N 8. Antacid
- Y N 9. Vitamin / Mineral / Herbal Supplements
- Y N 10. Other _____

FOR OFFICE USE ONLY

VII. General Health Questions:

- | | | |
|--|-----|----|
| 1. Women: Are you currently pregnant or think that you might be pregnant? | YES | NO |
| 2. During the past month have you been feeling down, depressed or hopeless? | YES | NO |
| 3. Do you ever feel unsafe at home or has anyone hit or tried to injure you in any way? | YES | NO |
| 4. How many cigarettes do you smoke per day?_____ Do you chew tobacco? | YES | NO |
| 5. How much caffeinated coffee or caffeine containing beverages do you drink per day?_____ | | |
| 6. How many days per week do you drink alcohol?_____ Average # of drinks per sitting?_____ | | |

IX. Have you recently noted any of the following?

- Y N 1. Weight Loss / Gain
- Y N 2. Nausea / Vomiting
- Y N 3. Fatigue
- Y N 4. Weakness
- Y N 5. Fever / Chills / Sweats
- Y N 6. Numbness / Tingling

FOR OFFICE USE ONLY

X. Other Comments:

Therapist Signature

Date

Informed Consent to Physical Therapy and Care



I hereby request and consent to the performance of physical therapy treatments and other procedures within the scope of the practice of physical therapy on myself by the physical therapists, physical therapist assistants, aides, or anyone working as an employee for Complete PT Pool & Land Physical Therapy, Inc. who now or in the future treat me.

I understand that methods of treatment may include, but are not limited to, ultrasound, phonophoresis, electrical stimulation, iontophoresis, joint mobilization, soft tissue mobilization, manual stretching, and active exercise on land and/or in the pool. I understand that I must disclose all my medical conditions in order for the safest method of treatment to be enacted.

I have been informed that physical therapy is generally a safe method of treatment, but I may have some side effects, including skin rash, bruising, muscle soreness, pain, fatigue, numbness or tingling. Unusual risks of physical therapy include fracture, nerve damage, joint dislocation, fainting, myocardial infarction, paralysis and death. There is a risk of infection, although the clinic maintains a safe and clean environment. Burns and/or scarring are a potential risk of iontophoresis, ultrasound, phonophoresis, heat, ice, and taping. I understand that while this document describes the major risks of treatment, other side effects and risks may occur. I understand that some modalities and exercises may not be appropriate with other medical conditions including coronary artery disease, hypertension, cancer or pregnancy and I will notify a clinical staff member if I have a history of, currently have, or am newly diagnosed with any conditions while under CompletePT Pool & Land Physical Therapy's care.

I have been instructed to wear closed pool shoes to and from the pool as well as in the locker room for my

safety. I do not expect the clinical staff to be able to anticipate and explain all possible risks and complications of treatment, and I wish to rely on the clinical staff to exercise judgment during the course of treatment which the clinical staff thinks best at the time, based upon the facts then known in my best interest. I understand that results are not guaranteed.

I understand the clinical and administrative staff may review my patient records and lab reports, but all my records will be kept confidential. CompletePT Pool & Land Physical Therapy may disclose protected health information about me to carry out treatment, payment and healthcare operations. I give permission to CompletePT to release my records to my referring physician and my primary care physician. I will refer to HIPPA guidelines for a more complete description of such uses and disclosures. I understand the clinic may call my home or other designated location and leave a message via voicemail or in person in reference to any items that assist in carrying out my care, such as appointment reminders, insurance, prescription information, etc. The clinic may also contact me via mail to my home or other designated location, with information regarding my care. I have the right to request information be restricted, however I understand that my request may be denied if it interferes with my care.

By voluntarily signing below, I show that I have read, or have had read to me, the above consent to treatment and release of information. I have been told about the risks and benefits of physical therapy and other procedures and have had an opportunity to ask questions. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

Patient or Representative Signature: _____ **Date:** _____

I verify that I have informed the patient of the above information and he/she appears to have a clear understanding of the risks and benefits of physical therapy as well as the privacy policies held by CompletePT Pool & Land Physical Therapy, Inc.

Therapist Signature: _____ Date: _____